CACFP

Child & Adult Care Food Program

February 15, 2023

Celebrating National CACFP Week

Save the Date: March 12-18, 2023

CACFP Week is a national education and information campaign sponsored annually the third week of March by the National CACFP Sponsors Association. The campaign is designed to raise awareness of how the USDA's Child and Adult Care Food Program works to combat hunger as well as an opportunity for DECAL to thank our CACFP providers for ensuring Georgia's children and adults have access to healthy meals.

During the week, we will focus our celebration on information and resources to recognize:

- **C is for Community & Food Access**
- **A is for Adults**
- **C is for Children**
- **F is for Farm to Early Care & Education**
- **P is for Physical Activity**

Watch your email for more information.

Feeding Kids this Summer through Happy

Helpings, Georgia's Summer Food Service Program

Happy Helpings, Georgia's Summer Food Service Program, ensures children 18 and under have access to nutritious meals and snacks during the summer when school is not in session.

If your institution currently participates in at-risk afterschool meals, you are well-positioned to offer summer meals through Happy Helpings. If you would like to offer year-round feeding and are a CACFP Sponsor, we'd like to invite you to register for New Sponsor Training in GA ATLAS. Training is offered on March 22-23 in Albany and April 26-27 in Atlanta.

There are 73 Georgia counties where children did not have access to a Happy Helpings' meal site during FY22. If you are able, please consider expanding your meal service to offer meals in any of the counties listed below.

Review & Update Online CACFP Applications Monthly

CACFP Institutions/Sponsors are required to review their online application monthly in GA ATLAS and to ensure that any updates are made within 30 days. **Click here** to access CACFP application update procedures.

If you have any questions or concerns, please contact your assigned Business Operations Specialist:

Application Specialists	Institution Assignment	Email	Phone Number
Jerald Savage	0 (zero)-C, H-P	Jerald.Savage@decal.ga.gov	(770) 405-7916
Edith Pierre	D-G, Q-Z	Edith.Pierre@decal.ga.gov	(404) 463-8314

Updated Contact Information for Application Specialists:

Application Specialists	Institution Assignment	Email	Phone Number
Paula Lawrence	0 (zero)-G V-Z	Paula.Lawrence@decal.ga.gov	(404) 463-2111
Shericka Blount	H-P, Q-U	Shericka. Blount@decal.ga.gov	(404) 656-6411

Procuring Sponsoring Organizations, Food Service Management Companies, and Third Parties

Health Certification and Inspection Requirements

As a reminder, sponsoring organizations or institutions participating in CACFP should ask the following questions: Where is your food prepared, cooked, or otherwise manipulated? Is the establishment required to have a Food Service Permit? Knowing where the food or meals are being sourced from will answer who is responsible for holding the Food Service Permit. If sponsoring organizations or institutions participating in CACFP opt to:

- Contract with a Food Service Management Company (FSMC)/Third Party, furnish a copy of the Food Service Permit from the food service management company/third party location.
- Prepare food at the Sponsor's Central Kitchen/Location, supply a copy of the Food Service Permit in the name of the sponsoring organization for the central kitchen/location where the food is being manipulated.
- Procure food or meals at a Third-Party Central Kitchen/Location Item, then a copy of the Food Service Permit from the third-party location is required.
- Prepare meals at a CACFP site where participants are served, furnish a copy Food Service Permit in the name of the sponsoring organization.

For complete details on the category of your establishment refer to The Food Service Permit Inquiry **Form**.

Most importantly, CACFP participants must be protected from food-borne illnesses. A Food Service Management Company or Food Vendor must have state or local health certification for the facilities used to prepare meals and food items. Become familiar with the local regulatory authority food manual of the CACFP servicing area, **Georgia Rules and Regulations Food Service**, and DECAL's policy memorandum, ***Requirements for Obtaining a Food Service Permit (v.6), December 2, 2022.***

For questions regarding procurement, please contact Tempest Harris, Procurement Compliance Specialist at **tempest.harris@decal.ga.gov**.

Guidance on Collecting Race and Ethnicity Data

On May 17, 2021, USDA Food and Nutrition Service (FNS) issued the Policy Memorandum, **Collection of Race and Ethnicity Data by Visual Observation and Identification in the Child and Adult Care Food Program and Summer Food Service Program – Policy Rescission**, which advised that visual observation and identification by CACFP institutions and facilities and SFSP sponsors is no longer an allowable practice for CACFP and SFSP program operators to use during the collection of race or ethnicity data. **The requirement to end the practice of visual identification was effective May 17, 2021.**

By **January 1, 2023**, program operators were to have alternative means to capture the data or they may be issued a finding of non-compliance on their next review. Nutrition Services has issued the following guidance to aid Program operators in the development of alternate

means to capture this data. The below is applicable to both CACFP institutions and SFSP sponsors:

- A new DECAL Memorandum, **Collection of Race and Ethnicity Data in the Child and Adult Care Food Program and Summer Food Service Program**, provides guidance to CACFP institutions and SFSP sponsors on allowable methods to collect race and ethnicity data, required documentation, and best practices.
- **The CACFP/SFSP Racial and Ethnic Data Individual Collection Form for Families** has been developed to assist CACFP and SFSP programs in the gathering of race and ethnicity data from parents and/or guardians.
- **The Combined Racial/Ethnic Data Collection Form for Institutions and Sponsors** is a revised version of and a replacement for the Racial and Ethnic Data Collection form. The Combined Racial/Ethnic Data Collection Form for CACFP institutions and SFSP sponsors is now a DECAL required form that CACFP institutions/facilities and SFSP sponsors must use to document the collected racial and ethnic information received. The prior Racial and Ethnic Data Collection Form should no longer be used.
- **The Income Eligibility Statement's** Part V regarding Ethnic and Racial Identities that may be completed by parents and/or guardians has been revised so as CACFP and SFSP facilities may use the Income Eligibility Statement as a form of race and ethnic data collection.

Nutrition Services encourages all CACFP and SFSP institutions and sponsors to begin the actual process of collecting racial and ethnic participant information as soon as possible.

For questions regarding the new memorandum on race and ethnicity data collection, please contact Robyn Parham, Policy Administrator, at **Robyn.Parham@decal.ga.gov**.

Available CACFP Statewide Waivers

The emergency authority that allowed USDA to offer nationwide waivers in response to COVID-19 expired on June 30, 2022. Congress did not extend USDA's nationwide waiver authority. This means USDA can no longer offer the full range of nationwide waivers that have been available. However, USDA can provide limited operational and administrative flexibility through statewide waivers.

DECAL applied and was approved to use certain waiver flexibilities. Below you will find information regarding available CACFP waivers authorized by USDA, in addition to information on waivers that have expired or will be expiring very soon. A copy of the waiver approval can be found **here**:

A presentation summarizing the waivers and requirements update was created by the Nutrition team. If you would like to review the slides, you can access the deck **here**. The recorded version of the presentation can be found on DECAL's website under Training and Technical Assistance - Recorded Training Webinars/Videos located **here.**

CACFP Statewide Waivers Available for Request effective July 1, 2022

Waiver	Effective Dates	Request Usage via
Non-Congregate Meal Services	July 1, 2022 - June 30, 2023	USDA Waiver Module
Parent/Guardian Meal Pickup	July 1, 2022 - June 30, 2023	USDA Waiver Module
Meal Service Times	July 1, 2022 - June 30, 2023	USDA Waiver Module

Non-Congregate Meal Service, Parent/Guardian Meal Pickup, and Meal Service Times Waiver Requirements

The Non-Congregate Meal Service, Parent/Guardian Meal Pickup, and Meal Service Times waivers may only be implemented when CACFP meal services are limited by the COVID-19 pandemic. Therefore, the following criteria is required for these three waivers to be approved and used by CACFP institutions and sponsors. Waiver requests must be based on at least 1 of the following criteria:

Criteria 1:

The center/facility must be located in a county that is designated as High, Substantial, or Moderate regarding COVID-19 community transmissions as determined by the Center for Disease Control (CDC) and/or Georgia Department of Public Health (DPH) websites:

- CDC, **here** - Under the "Data Type" pull down menu (located mid-page), the user would select "Community Transmission" to access a county's designation; and/or
- DPH, **here** - The user would select the most recent County Indicator Report and click "Community Transmission" in the top right corner of the page to access a county's designation.

Criteria 2:

Institutions and sponsors can provide official documentation affirming a meal service has been impacted as a result of COVID-19 transmission. The documentation must be issued by (1) a public state, local, or county official; (2) a school superintendent or principal; or (3) a Center Director reporting a documented case of COVID-19 within the child and/or adult care facility. Documentation to support the documented case of COVID-19 could be a letter or email that was sent to parents or staff advising of the documented case.

The Non-Congregate Meal Service, Parent/Guardian Meal Pickup, and Meal Service Times waivers will be effective for **30 days** upon approval, with the option to re-apply for an additional 30 days, if the criteria are met using the most current data from the CDC, GA DPH, or with new documentation affirming that meal services have been impacted.

*Documentation to support the criteria chosen must be uploaded with the waiver request in GA Atlas. Additionally, waiver requests will be reviewed/approved only once a center/facility has been approved to operate the CACFP.

Requesting a Waiver via the USDA Waiver Module

The **Non-Congregate Meal Service, Parent/Guardian Meal Pickup, and Meal Service Times waivers must be requested through the USDA Waiver Module.** For information on requesting a waiver, please access the following resources:

- **USDA Waiver User Guide** – Provides step by step instructions on how to submit a waiver request in GA Atlas (applies to both CACFP and SFSP).
- **Important Reminders when using USDA Approved Waivers** - Discusses key recordkeeping requirements.
- **USDA Waiver Addendum** – Required when using the Parent Pick-up waiver or when home delivery under the Non-Congregate waiver.

USDA Nationwide Waivers Extended

Two USDA Nationwide Waivers for CACFP have been extended as a result of the COVID 19 Public Health Emergency being renewed another 90 days by the US Department of Health and Human Services. This renewal was issued January 11, 2023. Below are the two waivers that have been impacted by the renewal:

Waiver	Expires
Onsite Monitoring Requirements	May 11, 2023 (30 days after the end of the public health emergency)
Reimbursement for Meals & Snacks Served to Young Adults in the CACFP	April 11, 2023

Area Eligibility – Update

On May 13, 2022, USDA issued the memorandum ***Area Eligibility for Summer 2022 and School Year 2022-2023***. This memorandum provided guidance on the transition from COVID-19 Nationwide waivers related to the establishment of area eligibility in Child Nutrition Programs for summer 2022 and SY 2022-2023.

In SY 2021-2022 many schools participated in the Nationwide waiver to operate the Seamless Summer Option (SSO) during SY 2021-2022 and did not have to complete free and reduced eligibility information. This has resulted in an absence of complete SY 2021-2022 free and reduced-price school data. As school data and census data are the primary sources used to determine area eligibility in both CACFP and Happy Helpings, the USDA has advised that Program operators may use one of the following two options with regards to school data:

- Use school data from SY 2019-2020 to determine area eligibility. SY 2019-2020 school data is now available on Nutrition Services' website (**Happy Helpings**, **CACFP**).
- SFAs may use Community Eligibility Provision Data (CEP). Once area eligibility data is established, all NSLP afterschool snack programs, SSO, CACFP at-risk afterschool and family day care homes, and SFSP operators may establish sites based on the determination.

Note: These options are not available for sites located in the attendance area of schools that operated NSLP in SY 2021-2022.

For general questions on requesting a USDA approved waiver, please contact **Tammie.Baldwin@decal.ga.gov**.

For specific policy questions pertaining to waivers, please contact **Robyn.Parham@decal.ga.gov**.

Training Dates

March 7, 2023
Tuesday Tip! Choose Yogurts that are Lower in Added Sugar
Do you need a 30-minute meal pattern refresher on yogurt? Join this webinar to learn CACFP requirements for serving yogurt that contain no more than twenty-three [23] grams of sugar per six [6] ounces.

- ***Participants can earn one half [0.5] state-approved hours for attending this training in its entirety.***

March 22, 2023
Menu Planning in CACFP and HH
Are you ready to retire your routine recipes? Join this webinar to learn tips, tools, and tangible resources for planning creative meals for your monthly menus.

- ***Participants can earn two [2] state-approved hours for attending this training in its entirety.***

Training Resources

In Case You Missed It: Webinar Recordings Now Available!

If you missed a *webinar*, please visit the **Training and Technical Assistance** webpage for previously recorded webinars. This month's training highlight is the **January Memo Monday** webinar. It discussed new guidance on collecting racial and ethnicity data for enrolled and non-enrolled participants.

Meal Pattern Minute

The **National CACFP Sponsor Association** has developed quick CACFP meal pattern tips, recipes, resources, and videos. View the most recent videos and tips below.

- **Meal Pattern Minute: Serving Nuts & Seeds**
- **Meal Pattern Minute: Crediting Popcorn**

Method for Healthy Cooking

The way food is prepared and cooked makes a difference in how healthy it is. Try some of the cooking methods listed in this worksheet to create a more nutritious meal. See below for previously released worksheets developed by **Team Nutrition**, available in English and Spanish.

- **Serving Milk in CACFP Worksheet**
- **Serving Vegetables in the Child and Adult Care Food Program Worksheet**
- **Serving Meat/Meat Alternates at Breakfast Worksheets**
- **Serving Meats and Meat Alternates at Lunch and Supper in the USDA CACFP Worksheet**
- **Serving Adult Participants in USDA CACFP Worksheet**

Healthy Cooking Methods Worksheet

The **National CACFP Sponsor Association** has developed a worksheet to provide tips to experiment with new cooking methods and ways to keep a colorful plate on the menu.

- [**View the Worksheet**]

Healthy Day Toolkit

The **Alliance for a Healthier Generation** has shared this resource to encourage families to create a healthier home life.

- [**Read the Resource**]

Milk in CACFP

The **National CACFP Sponsor Association** has developed this resource to share the essential nutrients found in milk and CACFP milk requirements per age, available in English and Spanish.

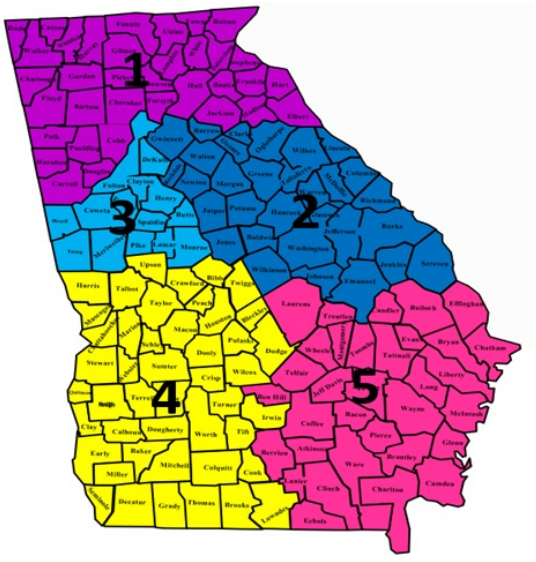
- [**Read the Resource**]

Snack Attack *New Recipes!*

The **National CACFP Sponsor Association** has shared some snack options for program operators that are **#CACFPCreditable**.

- Peanut butter and pancakes
- Cottage cheese and pretzels
- Cheese slices and bananas
- Boiled eggs and tomatoes
- Yogurt dip and cucumbers

Training and Technical Assistance



The goal of the Training and Technical Assistance (TTA) Unit is to improve performance and better equip new and participating institutions and sponsors by providing practical, user-friendly resources and guidance materials that strengthen internal controls and result in successful, sustainable program administration and operation. We want to ensure we continue to meet this goal during any transitions and/or position changes.

Therefore, institutions that reside in**region 2** listed above, please contact our Nutrition TA mailbox at **NutritionTA@decal.ga.gov** with any needed technical assistance.

You may also visit our **Training and Technical Assistance** webpage for program resources and recorded webinars.

Garden Grant Program Opportunity

Application Closes: March 1

At Whole Kids Foundation, they know that the more kids know and feel connected to their food, the more curious they become about how things grow or taste, and the more willing they are to try new foods. This is why they believe in edible garden learning spaces!
Their Garden Grant program provides a $3,000 monetary grant to support a new or existing edible educational garden located at either a:

- K–12 School
- Non-profit organization (501(c)(3) in the US/Registered Charity in Canada) that serves children in the K-12 grade range

APPLICATION OPENS
February 1, 2023

APPLICATION CLOSES
March 1, 2023

NOTIFICATION OF ALL APPLICANTS
August 1, 2023

PACKAGES ARRIVE
September 2023

You can find a copy of the 2023 Garden Grant application **here**. All final applications MUST be submitted online.

Apply Now for WIC Outreach Funding

CACFP sponsoring organizations can apply for new grants to develop and implement innovative outreach strategies to increase WIC awareness and participation.

Up to $10 million will be available under the USDA funded WIC Community Innovation and Outreach subgrants.

Interested? Learning more about the WIC CIAO RFA opportunity and **how to apply!**

Nutrition Ed Nook

Cruciferous Vegetables

Cruciferous vegetables are the February Harvest of the Month (**English** and **Spanish**) spotlight. These vegetables come in a variety of colors, shapes, and sizes. Cruciferous vegetables are rich in vitamins and minerals such as folate, vitamins A, C, E and K, and fiber. Cruciferous vegetables like broccoli, cauliflower and cabbage also contain antioxidants that help

reduce the risk of developing many cancers.

Cabbage varieties include green, napa, red, savoy, and Bok choy. In Georgia, cabbage is in season May through September. Try making a rainbow coleslaw using a mix of green and red cabbage, or boil or steam cabbages to use in stews, soups, and casseroles.

Broccoli is one of the best vegetable sources of vitamins A and C that support healthy skin and fight against infection. It also provides other important nutrients like potassium. In Georgia, broccoli is in season in May and June and October through December. Add broccoli into main dishes such as a salad, pasta, or stir-fry, or enjoy them raw as a snack with a low-fat dip.

Cauliflower can be purchased in white, which is most common, green, orange, and purple. In Georgia, cauliflower is in season October through December. Enjoy it raw on its own or with a low-fat dip, or steam or roast cauliflower as a side dish and season with spices for more flavor. Also, try it puréed, mashed or grated!

Fun fact: The cruciferous vegetables family include collard greens, mustard greens and turnip greens which are the January Harvest of the Month spotlight.

Integration:

- **Rainbow Coleslaw**
- **Strawberry Spring Rolls**
- **Broccoli Cheddar Soup**
- **Beef and Broccoli**
- **Baked Cauliflower Tots**
- **Roasted Cauliflower Steaks**
- **Fresh Veggie Pizza**

Education:

- ***Watch*** the ***Harvest with Holly*** video that explores the Harvest of the Month spotlight, how these items grow, where they grow in Georgia, and how they get from the farms to school meals all across the state of Georgia.
- ***Compare & Contrast*** the similarities and differences between cabbage, broccoli and cauliflower with the children you serve, including look, taste, smell, and touch.
- ***Talk*** with families about how children can help with meal preparation such as rinsing broccoli or cauliflower florets to be cooked in a dish. **Bonus:** Send recipes home with families for them to incorporate cruciferous vegetables into their meals!

Conversation:

- Have the children you serve eaten broccoli, cabbage, and/or cauliflower before?
- Which of the three, broccoli, cabbage, or cauliflower, is their favorite to eat?
- What other cruciferous vegetables (Bok choy, Brussels sprouts, arugula, kale, etc.) do children like to eat?

Share your Harvest of the Month stories and menu integration of cruciferous vegetables with Nutrition Education Specialist, Morgan Chapman, MPH, MCH at **morgan.chapman@decal.ga.gov**.

Physical Activity Corner:

Heart Health - Love, Hugs, and Kisses

Love is in the air! The American Heart Association (AHA) observes February as American Heart Month, a time when all people can focus on their cardiovascular health. According to the Centers for Disease Control (CDC), heart disease is the leading cause of death for men, women, and people of most racial and ethnic groups in the United States.

One person dies every 34 seconds in the United States from cardiovascular disease (CVD). This is a startling statistic that DECAL's physical activity program seeks to combat through preventative measures within child nutrition programs.

Did you know that physical activity is a lifestyle change you can make to decrease your risk of CVD? According to 2018 data, approximately 1 in 4 U.S. adults reported achieving adequate aerobic and muscle-strengthening activities to meet the physical activity guidelines. Being physically active is one of the best ways to keep our heart, body, and brain healthy.

One of the many activities to keep the heart healthy and strong is cardiovascular exercise which improves the pumping and circulation of the blood and helps reduce the chances of developing blockages or clots in the arteries. Activities such as walking, running, dancing, swimming, yoga, and gardening are a few examples of fun and enjoyable activities that promotes heart health. Take extra care of your heart and help your loved ones, or those who already suffer from heart diseases.

Integration:

- **American Heart Month 2023**
- **National Wear Red Day**
- **American Heart Association: Physical Activity 2023**
- **Celebrate Heart Health Month (February)**

Education:

- **Read** out loud, **"In My Heart: A Book Of Feelings," by Jo Witek.**
- ***Watch*** the video on **I Heart Exercise S E16.**
- **Talk** with families about ways to keep your heart healthy and strong daily. **Bonus:** Share #HeartWalk, #OurHearts #MoveToTheBeat, #LoveFitness pictures and events that are happening in your communities.

Conversation:

- What physical activity promotes heart health?
- How can you keep your heart strong and healthy?
- Why is fitness important for your heart health?
- Why is it important to keep our children active and heart healthy?

Share your **#DECALPhysicalActivity, #MoveToTheBeat, #PumpItUp, #LoveFitness, #OurHearts,** and **#HeartWalk** stories and pictures with Physical Activity Specialist**, Tina McLaren at tina.mclaren@decal.ga.gov**.

Be a Health Hero

Health Empowers You

HealthMPowers, a partner organization with the Georgia Department of Early Care & Learning, promotes healthy habits to build a better future for all children in Georgia.

To connect with their work, text 'HEALTHY' to 833-369-3547 to receive one text message per week on healthy tips, recipes, and activities for your whole family.

What are you waiting for? Sign-up now! Information is also available in **Spanish**.

DECAL's Nutrition Spotlight:
Meet Morgan Chapman, Nutrition Education Specialist

Last July, Morgan Chapman officially joined the Nutrition Services Division team as a Nutrition Education Specialist. Prior to this position, Morgan served as the Nutrition Divisions' first Public Health Intern working under Diana Myers, Nutrition & Physical Activity Supervisor.

In her new role, Morgan assists in developing, planning, and monitoring of statewide nutrition programs that help promote and improve health and nutrition in early care and education settings, which support providers of the Child and Adult Care Program (CACFP) and Happy Helpings, Georgia's Summer Food Service Program.

Diana says, "Morgan has wowed us with her creative approach to resource development and social media marketing for Nutrition Education and has brought fresh, new ideas of ways to support our CACFP and Happy Helpings organizations through trainings, resources, and strategy through data collection."

In 2019, Morgan graduated Magna Cum Laude from Georgia State University with a Bachelor of Science in Biological Sciences (Biology). In May 2022, Morgan graduated from Georgia State University with a Master of Public Health in Epidemiology and a Maternal and Child Health Graduate Certificate.

Morgan's passions include working with children and helping others. She enjoys cooking, traveling, and spending time with family and friends.

Eat Healthy and Live Active
Georgia Early Care and Education Harvest of the Month 22-23 Calendar

Harvest of the Month (HOTM) is the Georgia Department of Education School Nutrition Program's farm to school initiative that highlights an item each month that can be sourced locally and served in Georgia's school meals.

DECAL's Harvest of the Month calendar aligns with the Georgia Department of Education's Harvest of the Month initiative and was created in partnership with Quality Care for Children, Georgia Organics, and the Farm to Early Care & Education Coalition for Early Care &

Education settings.

Visit the **Georgia Department of Education's HOTM webpage** and the Quality Care for Children **website**. Upon viewing, you can findtips and tricks for preparing produce items, curriculum connections, activity lists and book alignment for your early care classrooms.

CACFP Resources:

The following documents were covered in previous newsletters:

- **Procurement Helpful Hints**
- **Forecasting Purchases for CACFP**
- **Update Your Banking Information**
- **ByHeart Infant Formula Recall**
- **New and Revised CACFP Policies and Memoranda**
- **Non-profit Food Service & Procurement Procedures Monitoring**
- **FY2023 Annual CACFP Budget Submission**
- **Newly Revised CACFP Memorandum-Civil Rights Complaint Procedures**
- **Reminder - PolicyStat available on Nutrition Services' Webpage**
- **Procurement Documents Now Include Updated Non-discrimination Statement**
- **Unique Entity Identifier Field Added to ATLAS**
- **CACFP Reimbursement Rates Announced for FY23**
- **Reminder: Check your Email Messages in GA ATLAS**

You can find archived CACFP Newsletters **here.**

Dates to Remember

DATE:	EVENTS
February	• Harvest of the Month: Cruciferous Vegetables
February 20	• Memo Monday!
February 28	• Tuesday Tip! Choose Breakfast Cereals that are Lower in Added Sugar Webinar
March 1	• Application closes for Whole Kids Foundation Grant
March 7	• Tuesday Tip! Choose Yogurts that are Lower in Added Sugar Webinar
March 12-18	• National CACFP Week
March 22	• Menu Planning in CACFP and Happy Helpings Webinar

How was my Customer Service?

Provide feedback on your experience with the Nutrition Team

Click on the icon at right to participate in the customer service survey. Responses are anonymous.

Join Us for a NEW DECAL Download!

The Voices of DECAL

There are many ways to reach us here at DECAL. A few examples can be social media, email, and the website just to name a few. More than likely, most still pick up the phone and call us using 404-656-5957 or 1-888-442-7735.

The voice you hear on the other side of the phone is very important to the caller and to us. On this episode of DECAL Download, we are meeting some of those friendly people that can be heard when someone calls DECAL.

Joining us to talk about customer service here at DECAL are Antonia Mack, an administrative assistant with Child Care Services and Tommeshia Sims who is a receptionist at CAPS. We are also joined by Tammy Clark who is our agency receptionist and information specialist, and Quandra Obi, the special assistant to Commissioner Jacobs.

Listen to the episode **here**.

Nutrition Services
DECAL

Marketing & Outreach Team

Cindy Kicklighter
Carl Glover

This institution is an equal opportunity provider.
Nondiscrimination Statement: English
Nondiscrimination Statement: Spanish

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